

TOP 10 BENEFITS OF REHAB

 **24/7**
SUPERVISION
& MEDICAL
SUPPORT

NUTRITIOUS
DIET 

 **LEARN**
BASIC TOOLS
FOR RECOVERY

NO ACCESS
TO  DRUGS
OR ALCOHOL

 **DAILY**
STRUCTURE

TIME 
FOR 
SELF-REFLECTION

 **INTENSE**
THERAPY &
COUNSELING

LEARN
NEW 
HOBBIES

 **DEVELOP**
HEALTHY HABITS
& ROUTINES

 **CREATE**
A PERSONALIZED
RECOVERY
PLAN