

QUICK TIPS FOR WHEN **YOU FIND** A POTENTIAL ACCOUNTABILITY **PARTNER**

TIP 1

A GREE TO A 4-6 WEEK TRIAL PERIOD.



TIP 2

START WITH SMALL GOALS UNTIL TRUST IS ESTABLISHED



TIP 3

FULLY COMMIT. NO EXCUSES OR NEGATIVITY



TIP 4

SET INITIAL BOUNDARIES ON BOTH SIDES

IF THE ARRANGEMENT DOESN'T WORK OUT. KEEP LOOKING. YOU WILL EVENTUALLY FIND SOMEONE YOU *CLICK* WITH.



TIP 5